Healthful Living High School Sequencing

Note: State Board of Education Policy: GCS-N-004 (Policy Title: 16 NCAC 6D .0503 State graduation requirements) requires high school students to complete 1.0 Credits in Health and Physical Education in order to graduate and receive a high school diploma.

Curriculum

1. Are there new standards for Health and Physical Education? If so, where can districts/schools find them, and when are they to be implemented?
In December of 2010 the NC State Board of Education adopted new standards for K-12 Healthful Living as a part of North Carolina’s Accountability and Curriculum Reform Effort, also known as ACRE. This is the state’s comprehensive initiative to redefine the Standard Course of Study for K-12 students, the student testing program, and the school accountability model. You may find new K-12 Healthful Living Essential Standards, along with all other content areas, at the following link: http://www.ncpublicschools.org/acre/standards/new-standards/#healthful. Implementation of these standards will begin with the start of the 2012-13 school year.

2. Will districts/schools have to implement the new standards for all of the high school Healthful Living courses next year and at all grade levels K-8?
Yes. Beginning with the 2012-2013 school year, teachers will teach all Healthful Living courses using the new Healthful Living Essential Standards.

3. Who develops the curriculum for Healthful Living?
The NCDPI is responsible for developing the Standard Course of Study (SCOS) for all content areas. Each Local Education Agency (LEA) is responsible for using the SCOS as the basis for developing its local curriculum. NCDPI will provide additional resources; however, it is up to each LEA to determine specific content for which students will learn at each grade level and for each course. For those districts that need more specific assistance, professional development will be provided. You should contact your NCDPI Professional Development Regional Leader. You may find their contact information at http://www.ncpublicschools.org/profdev/directory/.

4. Are LEAs allowed to develop honors Healthful Living courses?
Yes. G.S. 115C-81 states: (e2) Honors-Level Courses in Healthful Living Education to be Developed and Administered. – The State Board of Education shall develop or identify academically rigorous honors-level courses in healthful living education that can be offered at the high school level. These honors-level courses shall be more rigorous than standard-level courses, include advanced content, provide multiple opportunities for students to take greater responsibility for their learning, and require higher quality work from the students than standard courses. LEAs should follow recommendations that are provided in the Honors Implementation Guide when developing their honors courses.

Assessment

1. Will there be assessments for Healthful Living courses?
Yes. The Measures of Student Learning group is developing assessments based on the North Carolina Healthful Living Essential Standards. These assessments will be administered at the local level, and the data may be used locally as part of the teacher evaluation system.