



North Carolina Essential Standards Draft 2.0
Social Studies Elective
Psychology

Note on Numbering: **R**-Research Methods, **B**-Biology, **LC**-Learning and Cognition, **S**-Sociocultural, **DE**-Development, **D**-Differences

Research Methods			
	Essential Standard	Clarifying Objectives	
12.R.1	Understand the discipline of psychology using various perspectives and research methods.	12.R.1.1	Compare various perspectives in the field of psychology.
		12.R.1.2	Compare various psychological research methods (survey, naturalistic observation, case study, experiment, and correlational study).
		12.R.1.3	Analyze the practice of psychology in terms of ethical standards.
		12.R.1.4	Evaluate psychological research studies in terms of methods, sampling techniques, bias, validity, reliability, ethics, and generalizability.

Biology			
	Essential Standard	Clarifying Objectives	
12.B.1	Understand the relationship between biology and behavior.	12.B.1.1	Analyze the theoretical development of the biological perspective in psychology.

		12.B.1.2	Explain the impact of the brain, nervous system, and endocrine system on behavior.
		12.B.1.3	Explain the influence of genetic, evolutionary, and ethological research on an understanding of human behavior.
		12.B.1.4	Evaluate the extent to which biology impacts behaviors related to sensation, motivation, emotion, and consciousness.
		12.B.1.5	Use knowledge gained from the biological perspective to manage daily problems and improve the quality of life.

Learning and Cognition			
	Essential Standard	Clarifying Objectives	
12.LC.1	Understand how conditioning, learning, and cognition affect behavior.	12.LC.1.1	Compare the theoretical development of the behavioral and cognitive perspectives in psychology.
		12.LC.1.2	Summarize the behavioral factors involved in perception, motivation, emotion, and consciousness.
		12.LC.1.3	Summarize the cognitive factors involved in perception, motivation, emotion, and consciousness.
		12.LC.1.4	Use classical conditioning, operant conditioning, and observational learning theories to manage daily problems and improve the quality of life.
		12.LC.1.5	Use the results of memory and problem-solving research to manage daily problems and improve the quality of life.

Sociocultural			
	Essential Standard	Clarifying Objectives	
12.S.1	Understand how interaction with others influences thoughts, feelings, perceptions, and behaviors.	12.S.1.1	Analyze the theoretical development of the sociocultural perspective in psychology.
		12.S.1.2	Compare diverse cultural norms in terms of their impacts on behavior.
		12.S.1.3	Explain the impact of "cognitive consistency" and "cognitive dissonance" on attitude formation and attitude change.
		12.S.1.4	Analyze the cultural, social, and historic factors that contribute to antisocial behaviors (such as discrimination, stereotypes, and prejudices) or prosocial behaviors (such as altruism).
		12.S.1.5	Explain the impact of compliance, obedience, and conformity on the individual and society.
		12.S.1.6	Evaluate the extent to which mass communication systems and social networking impacts human cognition and behavior.
		12.S.1.7	Use various theories of sociocultural psychology to manage daily problems and improve the quality of life.

Human Development			
	Essential Standard	Clarifying Objectives	
12.DE.1	Analyze human development throughout the lifespan.	12.DE.1.1	Analyze cognitive development throughout the lifespan.
		12.DE.1.2	Analyze the lifespan using psychodynamic theories.
		12.DE.1.3	Analyze moral development throughout the lifespan.
		12.DE.1.4	Use knowledge gained from an analysis of human development to understand personal challenges at different stages of life.

Differences			
	Essential Standard	Clarifying Objectives	
12.D.1	Understand human differences and strategies for coping when those differences create dysfunction.	12.D.1.1	Use factors such as biology, conditioning, cognition, sociocultural interactions, and human development to understand personality differences.
		12.D.1.2	Explain the impact of psychological disorders on perceptions and behavior.
		12.D.1.3	Interpret psychological disorders and appropriate treatments for these disorders within the framework of biology, conditioning, cognition, sociocultural interactions, and human development.
		12.D.1.4	Summarize methods of ensuring ethical practice for clinicians.

		12.S.1.5	Use appropriate and effective strategies of coping with stress and developing resilience.
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