2006 National Health Education Standards

Goal 1  Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Goal 2  Students will analyze the influence of family peers, culture, media, technology, and other factors on health behaviors.

Goal 3  Students will demonstrate the ability to access valid information, products, and services to enhance health.

Goal 4  Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Goal 5  Students will demonstrate the ability to use decision-making skills to enhance health.

Goal 6  Students will demonstrate the ability to use goal-setting skills to enhance health.

Goal 7  Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce risks.

Goal 8  Students will demonstrate the ability to advocate for personal, family, and community health.